



Press coverage: Risks of digital screen time and recommendations for mitigating adverse outcomes in children

Pardhan, S., Parkin, J., Trott, M., Driscoll, R., 2022. Risks of digital screen time and recommendations for mitigating adverse outcomes in children. *Journal of School Health*. doi: [10.1111/josh.13170](https://doi.org/10.1111/josh.13170)

This review offers evidence of increased digital time, highlights some of the well-known and not so well-known risks linked to increased screen time, and offers possible steps to mitigate these in children and adolescents during the pandemic, as well as offering schools and parents strategies to support the eye health of children and adolescents post-pandemic.

This article has an [Altmetric score](#) of 211 and is in the top 5% of all research outputs scored by Altmetric.

Media coverage of the article can be seen in the following table. Stories were published in over 90 media outlets.

Date	Source	Outlet	Headline
11/03/2022	Print	Daily Express	Screens threat to children
11/03/2022	Print	Daily Star	Screen kids in eye alert
11/03/2022	Print	Scottish Daily Express	Screens threat to children
11/03/2022	Online	Metro.co.uk	Rising screen use during pandemic 'endangering children's health'
11/03/2022	Online	Businessmayor	Rising screen use during pandemic 'endangering children's health'

11/03/2022	Online	IKnowAllNews.com	Rising screen use during pandemic 'endangering children's health'
11/03/2022	Online	Businessfast	Rising screen use during pandemic 'endangering children's health'
11/03/2022	Online	Mirage News Australia	Children's health fears due to rise in screen time
11/03/2022	Online	Foreign Affairs.co.nz	MIL-OSI UK Cities: Children's health fears due to rise in screen time
11/03/2022	Online	Medical Xpress	Risks to children's eyesight and general health linked to increased screen time
11/03/2022	Online	News2read	Risks to children's eyesight and general health linked to increased screen time
11/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/11/2022 3:00:02 PM)
11/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/11/2022 4:00:02 PM)
11/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/11/2022 4:30:01 PM)
11/03/2022	Online	The Independent	Rise in screen time for children during pandemic sparks health fears
11/03/2022	Online	Cambridge Network	A new study - children's health fears due to rise in screen time
11/03/2022	Online	Newswise	Children's health fears due to rise in screen time
11/03/2022	Online	DailyAdvent.com	Children's health fears due to rise in screen time
11/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/11/2022 5:12:43 PM)
11/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/11/2022 5:19:45 PM)
11/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/11/2022 5:30:45 PM)
11/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/11/2022 6:00:08 PM)
11/03/2022	Online	Newswise: MedNews	Children's health fears due to rise in screen time
11/03/2022	Online	Newswise: Latest News	Children's health fears due to rise in screen time
12/03/2022	Online	Lokmat	Increase in children's screen time poses health risks: Study
12/03/2022	Online	HT Syndication	Increase in children's screen time poses health risks: Study

12/03/2022	Online	TheAfricaNews.Net	Increase in children's screen time poses health risks: Study
12/03/2022	Online	webindia123.com	Increase in children's screen time poses health risks: Study
12/03/2022	Online	Big News Network.com	Increase in children's screen time poses health risks: Study
12/03/2022	Online	Africa Direct.news	Increase in children's screen time poses health risks : Study
12/03/2022	Online	ThePrint	Increase in children's screen time poses health risks: Study
12/03/2022	Online	DTNext	Increase in children's screen time poses health risks: Study
12/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/12/2022 7:00:02 AM)
12/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/12/2022 7:30:30 AM)
12/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/12/2022 8:00:41 AM)
12/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/12/2022 8:30:40 AM)
12/03/2022	Broadcast	BBC Radio Cambridgeshire	BBC Cambridgeshire (3/12/2022 9:00:02 AM)
12/03/2022	Online	To Vima	SOS για την πανδημική «εκτόξευση» του χρόνου των παιδιών μπροστά σε οθόνες – Τι δείχνει νέα μελέτη
12/03/2022	Online	to tseligato tou agriniou	SOS για την πανδημική «εκτόξευση» του χρόνου των παιδιών μπροστά σε οθόνες – Τι δείχνει νέα μελέτη
12/03/2022	Online	Hindustan Times Online	Increase in children's screen time poses health risks: Study
12/03/2022	Online	Medindia.com (or.net)	How Does Screen Time Affect Children's Health?
12/03/2022	Online	NewsroomPost	Increase in children's screen time poses health risks: Study
12/03/2022	Online	DailyAdvent.com	Increase in children's screen time poses health risks: Study
12/03/2022	Online	Devdiscourse	Digital screen time of children increased during COVID-19: Study
12/03/2022	Online	DailyAdvent.com	Digital screen time of children increased during COVID-19: Study
12/03/2022	Online	Lokmat	Digital screen time of children increased during COVID-19: Study



12/03/2022	Online	Big News Network.com	Digital screen time of children increased during COVID-19: Study
12/03/2022	Online	webindia123.com	Digital screen time of children increased during COVID-19: Study
12/03/2022	Online	TheAfricaNews.Net	Digital screen time of children increased during COVID-19: Study
13/03/2022	Online	Times of Oman - Online	Increase in children's screen time poses health risks
13/03/2022	Online	ThePrint	Digital screen time of children increased during COVID-19: Study
13/03/2022	Online	IBNLive	How Increased Screen Time Poses Health Risks For Children
13/03/2022	Online	Ahmedabad Mirror	Reduce your child's screen usage
13/03/2022	Online	Africa Direct.news	Digital screen time of children increased during COVID-19 : Study
13/03/2022	Online	NewKerala.com	Increase in children's screen time poses health risks: Study
13/03/2022	Online	World News Update	Increase in children's screen time poses health risks: Study
13/03/2022	Online	SocialNews.xyz	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	ProKerala.com	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	Can-India News Online	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	Lokmat	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	The Statesman	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	Daily News Headlines Today's National & International News Photo News	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	Daijiworldcom	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	OdishaPost.com	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	Ahmedabad Mirror	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	East Coast Daily English	The effects of increasing screen time on children's health
13/03/2022	Online	Window To News	More screen time during pandemic may lead to unstable vision in kids
13/03/2022	Online	DTNext	More screen time during pandemic may lead to unstable vision in kids

14/03/2022	Online	World News Update	Digital screen time of children increased during COVID-19: Study
14/03/2022	Online	ΑΓΓΕΛΟΥ - ΚΕΝΤΡΟ ΕΞΑΤΟΜΙΚΕΥΜΕΝΗΣ ΑΓΩΓΗΣ	SOS για την πανδημική «εκτόξευση» του χρόνου των παιδιών μπροστά σε οθόνες – Τι δείχνει νέα μελέτη
14/03/2022	Online	NewKerala.com	More screen time during pandemic may lead to unstable vision in kids
14/03/2022	Online	Families London North	Rising screen use during pandemic 'endangering children's health'
14/03/2022	Online	World News Update	More screen time during pandemic may lead to unstable vision in kids
14/03/2022	Online	Heilpraxisnet.de	COVID-19: Erhöhte Bildschirmzeit gefährdet Gesundheit von Kindern
14/03/2022	Online	Infosalus	Una investigación confirma el aumento del tiempo dedicado a los dispositivos entre los niños en la pandemia
14/03/2022	Online	www.infosalus.com / Investigación	Una investigación confirma el aumento del tiempo dedicado a los dispositivos entre los niños en la pandemia
14/03/2022	Online	Stick Noticias	Una investigación confirma el aumento del tiempo dedicado a los dispositivos entre los niños en la pandemia
14/03/2022	Online	Diario Siglo XXI	Una investigación confirma el aumento del tiempo dedicado a los dispositivos entre los niños en la pandemia
14/03/2022	Online	NoticiasDe.es	Una investigación confirma el aumento del tiempo dedicado a los dispositivos entre los niños en la pandemia
15/03/2022	Online	News2read	What's binocular vision? Surge in screen time during pandemic may lead to more eye problems for kids
15/03/2022	Online	The Homewood Star Online	Surge in Screen Time During Pandemic May Lead to More Eye Problems for Kids
15/03/2022	Online	Blogs	Surge in Screen Time During Pandemic May Lead to More Eye Problems for Kids



15/03/2022	Online	crosswalk.com	Surge in Screen Time During Pandemic May Lead to More Eye Problems for Kids
15/03/2022	Online	The Pioneer - Lucknow Bureau	Myopia an emerging health issue in schoolchildren
16/03/2022	Online	The Pioneer - Lucknow Bureau	More screen time, less outdoor progressing myopia in children, fear doctors
17/03/2022	Print	The MJ	Risk warning over screen time
17/03/2022	Online	HubPages	Why It Is Important to Encourage Reading and Writing Habits in Children
17/03/2022	Broadcast	BBC Essex	BBC Essex (3/17/2022 7:00:01 AM)
17/03/2022	Broadcast	BBC Essex	BBC Essex (3/17/2022 10:00:00 AM)