

Participatory Research Fund Project

Women facing multiple disadvantages

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Overview:

Trauma-informed care (TIC) is an approach to service delivery that considers all those accessing services may have experienced trauma.

Framing trauma as a universal experience, whilst of value, ignores how it is not evenly distributed. It is often bound up with systems of power and oppression, as those with multiple disadvantage are more likely to have higher rates.

Furthermore, women are disproportionately affected as they are more likely to face traumatic experiences. Whilst interest in the principles of TIC have grown its implementation in the UK remains fragmentary.

Stakeholders involved:

Three women's organisations across Essex and Cambridgeshire that support women experiencing multiple and severe disadvantage.

Funding of £996 was used for:

Travel costs to meet the women and deliver the workshops = £126

Workshop materials = £120

Gift in kind to the three participating women's organisations = (3 x £250) £750



Do you want to know more or be involved?

Aim and objectives:

Funding was sought from ARU's PPIE to establish a group of women (n=6) with direct experience of multiple disadvantage to build capacity in taking an active role in the planning and delivery of trauma-informed research.

The objectives of the initiative were:

- To collaborate with up to three women's organisations to identify six women with an interest in PPIE in TIC
- To outline the purpose and value of PPIE and TIC to the recruited women through interactive workshops
- To utilise the principles of co-production in the planning and design of a funding application to NIHR Social Care to examine how social care can effectively deliver TIC for women experiencing multiple disadvantage

Patient and Public Involvement and Engagement elements:

- Meaningful involvement in the planning and designing of TIC research.
- Involvement with ARU's cross-faculty research groups:
 - Communities & Social Inclusion group
 - Women & Girls Research Interest Groups
 - Participatory Research group

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