Hospitality by aru food.

Catering at ARU

Our in-house catering team at Anglia Ruskin University (ARU) can deliver hospitality for a variety of meetings and events. Our menus include a range of options, from freshly brewed coffee, to finger buffets and afternoon teas.

In 2019 ARU declared a Climate and Ecological Emergency and committed to reduce meat consumption on campus by 50% by 2026. Our buffets are therefore vegetarian-led, with non-vegetarian options available at a higher price point.

If you're looking for something a little different, talk to us about what you have in mind. We're happy to create bespoke menus for your event.

Please let us know in advance if any of your attendees have a food allergy or intolerance.

We are unable to guarantee that our food does not contain traces of nuts.

Terms and conditions

All prices are per person unless otherwise stated.

Standard service times are Monday Friday, 8am 5pm. The minimum order for a catering delivery during standard service times is £10. Please see the menu for details of minimum notice required during standard service times. Orders must be placed by 10am on cut off days.

For deliveries after 5pm Monday Friday the minimum order value is £100 and orders must be placed by 10am, 10 working days' prior.

For deliveries at weekends the minimum order value is £300 and orders must be placed by 10am, 20 working days' prior.

All prices exclude VAT.

Any food allergies or special dietary requirements must be advised to the local Catering Manager by 10am 3 working days prior to the delivery. We cannot guarantee that our food does not contain traces of nuts.

Not all menu selections are available in all areas of campus.

Multiple buffets per booking cannot be ordered. Only one buffet per booking can be ordered plus optional extras. Should customers opt to include a mix of vegetarian and non vegetarian this will be added for all event attendees and cannot be applied in part.

Whilst every care will be made to produce the exact menu agreed, ARU Food reserve the right to alter a particular ingredient or item on the menu if it is not available and replace it with a suitable alternative. Every endeavour will be made to inform the client of any changes in advance.

ARU staff members should order catering online via The Heron.

External customers should speak to the ARU staff member who has booked the space for their event, who should place the catering order on their behalf.

It is University policy that outside caterers should not be used on campus.

In the event of a full or partial cancellation of a confirmed booking the following cancellation charges will apply:

50% of the total order value if cancelled within 5 working days of the event. 100% of the total order value if cancelled within 3 working days of the event.

Conference packages

Minimum 5 working days' notice applies during standard service times. All buffets are vegetarian as standard. Opting for a mix of vegetarian/non vegetarian will incur a charge for all event attendees and cannot be applied in part.

Conference Package 1

£16.95

Minimum order of 10 people
Arrival tea, coffee, water, mini pastries
Mid morning tea, coffee, water, biscuits
Working Buffet (v)
Afternoon tea, coffee, water

Opt for Conference Package 1 with a mix of vegetarian and non vegetarian sandwiches/wraps £17.95

Conference Package 2

£20.95

Minimum order of 10 people
Arrival tea, coffee, water, mini pastries, fruit
Mid morning tea, coffee, biscuits
Finger Buffet (v)
Afternoon tea, coffee, water, freshly
baked cookies

Opt for Conference Package 2 with a mix of vegetarian and non vegetarian sandwiches/wraps £21.95

Drinks

Hot Drinks

Minimum 1 working days' notice applies during standard service times.

Tea/Coffee£1.85Tea/Coffee/Biscuits£2.70Tea/Coffee/Freshly Baked Cookies£3.15

Cold Drinks

Minimum 1 working days' notice applies during standard service times.

Filtered water (serves 5) £1.50
Orange juice (serves 5) £3.20
Apple juice (serves 5) £3.20

Drinks Receptions

Minimum 5 working days' notice applies during standard service times.

House wine (per bottle) £15.95

Local wine Price on request Local beer Price on request

Sparkling Presse (serves 5) £4.95 Prosecco (per bottle) £22.00 Grazing snacks (minimum 20 people) £3.00

Wine and canapes (v) £10.75

Minimum 20 people

4 canapes & 1 glass wine or soft drink per person

Opt for Wine and Canapes with a mix of vegetarian and non vegetarian canapes £11.75

Canape selection (v) £7.95

Minimum 20 people 4 canapes per person

Opt for a mix of vegetarian and non vegetarian canapes £8.95

Snacks & Extras

Minimum 2 working days' notice applies during standard service times.

Biscuits (v)	£0.85
Freshly baked cookies (v)	£1.30
Mini pastry selection (v)	£1.60
Mini cake selection (v)	£1.85
Sliced fresh fruit platter (v) (Minimum 10)	£3.00
Fruit basket (v)	£0.75
Plant based snack bar (vgn)	£1.40
Margherita pizza 10" (v)	£12.00
Pepperoni pizza 10"	£14.00
Potato wedges (vgn) (Minimum 10)	£1.95
Chicken tenders (Minimum 10)	£2.25
Chicken thigh skewer (GF) (Minimum 10)	£3.00

Breakfast

Minimum 3 working days' notice applies during standard service times.

Hot Breakfast £5.50

Bap filled with bacon, sausage, egg or vegan sausage, ketchup, brown sauce Tea, coffee, juice

Continental Breakfast (v) £5.50

Croissants, pain au choc, homemade yoghurt & granola pots, fruit basket Tea, coffee, juice

Yoghurt & Granola Pots (v) £1.95

Afternoon tea

Minimum 3 working days' notice applies during standard service times.

Afternoon Tea (v) £13.25

Minimum 10 people
Selection of finger sandwiches,
Mini cakes, scones, jam & cream
Teas, coffee, water, juice
Opt for Afternoon Tea with a mix of vegetarian and non vegetarian sandwiches £14.25

Cream Tea (v) £8.75

Minimum 10 people Mini cakes, scones, jam & cream Teas, coffee, water, juice

Sandwich Buffets

Minimum 3 working days' notice applies during standard service times. All buffets are vegetarian as standard. Opting for a mix of vegetarian/non vegetarian will incur a charge for all event attendees and cannot be applied in part.

Light Buffet (v)

£5.95

Minimum 5 people

Sandwich platter (v), kettle chips (vgn), water

Opt for Light Buffet with a mix of vegetarian and non vegetarian sandwiches £6.95

Lunch on the Go (v)

£8.25

Sandwich (v), crisps, sweet bite, fruit &

water in a takeaway bag

Opt for Lunch on the Go with a mix of vegetarian and non vegetarian sandwiches £9.25

Working Buffet (v)

£9.95

Minimum 5 people

Sandwich & wrap platter (v), chef's

choice savoury bite (vgn),

fruit basket (vgn), cake (v),

water, juice

Opt for Working Buffet with a mix of vegetarian and non vegetarian sandwiches/wraps £10.95

Finger Buffet (v)

£11.95

Minimum 10 people

Sandwich & wrap platter (v),

seasoned potato wedges (vgn),

chef's choice savoury bite (vgn),

cake (v), fruit basket (vgn), water, juice

Opt for Finger Buffet a mix of vegetarian and non vegetarian sandwiches/wraps £12.95

Fork Buffets

Minimum 5 working days' notice applies during standard service times.

Please speak to your local catering team for dish options.

All buffets are vegetarian as standard. Opting for a mix of vegetarian/non vegetarian will incur a charge for all event attendees and cannot be applied in part.

Cold Fork Buffet (v)

£12.95

Minimum 20 people

Savoury tart, house made chef salads, rolls

with butter (v), dessert (v), water, juice

Add Chicken Thigh Skewers as an extra +£3.00pp

Hot Fork Buffet (v)

£15.95

Minimum 20 people

Two hot vegetarian dishes with

accompaniments.

Dessert, water, juice

Opt for Hot Fork Buffet with one vegetarian and one non vegetarian dish £18.95