# Life with Yugo.

Everything you need to know about living at our space.

**Explore within >** 





## Welcome to the beginning of something extraordinary.

Choosing to live here, amongst such fine and admirable fellow students, you've already taken the first step – Go Yu!

Beyond the libraries and lecture halls, there's a world of opportunity. It's right here, ready for you to embrace. By now you've likely had chance to walk around, to start exploring what our space has to offer and to meet the like-minded people who will also call this space home. The future-friends. Like you, we're excited to be at such a wonderfully vibrant community.

Within these pages we have a carefully curated selection of local top tips, some guidance, some do's and don'ts (and more too). It'll help not just you, but everyone, to enjoy, to live, to grow. Welcome to Yugo.

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## Here when you need us.

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#### Your aim is to live your best life. Right? Well, our goal is to help you achieve that.

You may have already passed through reception, and most access to our space will take the same route. Here you will commonly find a friendly Yugoer (staff) ready to help with any issue, concern, or simply to smile and wave as you pass by.

On occasion the reception may not be manned, but if that's the case, you'll always find a note waiting for you with a direct contact number. Never fear, there's always someone on hand to help make your stay that bit better.

So, how can we help?

Reception hours: Monday to Friday

Saturday

Sundau

Stay up to date through our social channels:

our social channels: Instagram: @

Facebook: search

:@

Tiktok: @
Twitter: @
Pinterest: @



#### We care about you. Fact.

Whilst at times it may feel the Covid-19 pandemic is over, the reality is it's not. Together we need to consider everyone in our community, particularly those who are more vulnerable. As such, please abide by all rules and regulations (the staff at reception are always here to help answer any questions or concerns). If you're feeling unwell or test positive, it's important to let the staff know. We're here to help.

# Getting around.

As you may have discovered already, there's a great selection of restaurants, bars, shops and entertainment within a short walking distance.

For when you require it, here's a selection of other top locations you may need to visit during your stay and how to get there...



#### To university.

Walking, cycling, bus, train or tube. It's quick and easy:

## **Important** contacts

Emergency services: Taxi: Tourism office:

Your health.		
Doctors:	Pharmacy:	Hospital:
How to go further	afield.	
Bus / coach station:	Train station:	Airport:

#### Food. Entertainment. Shopping.

Local markets /
supermarkets / independents /
plastic-free shops:

The city centre / shopping centres:

The most delicious local vegan / vegetarian cafés:

## Yugo. It's a way of life.

We're sure you'll agree, student living is more than just a bedroom and a pretty shared space.

You may have heard of these already, but we have three principles that guide us in our day-to-day actions when supporting you throughout your stay; starting right from day one. Our goal is to help you lead happier and more successful lives. Not just whilst living with us, but beyond that too. That's why we call these three principles the 'live your best life' program. You'll likely hear more about these as the months go by, but here's a brief highlight:

### YUgoeco

Together, we want to build a better future. For you. For us. For the planet.

We continue to be at the forefront of innovative living spaces with a more sustainable lifestyle at heart – look around, that includes where you're living now. We stand side by side with you on our shared mission to better the planet.



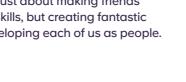
What comes next? The very purpose cation – and for us too.

We'll be offering work experience placements, internships, graduate schemes and strategic partnerships. We're here to empower and help you to secure prosperous futures and opportunities before graduation day comes around.



Everyone's journey with Yugo is a personal one. You have your own goals, aims and passions.

We're a community. We create opportunities, shared spaces and experiences which you can join and, should you wish if there's something you're particularly excited about, lead too. This isn't just about making friends and learning new skills, but creating fantastic memories and developing each of us as people.



> Check in at reception to find out what's taking place over the next few weeks.



#### Plus, here's how to make more of your stay.

#### The Yugo movement.

This is your chance to shape our student experience. Join a global group of students who work together (alongside experts) to reduce our impact on the planet. From considering and implementing new solutions, to campaigning whilst spreading the word about what you've achieved together.

Contribute to positive global change whilst learning new skills and having an active role in shaping the Yugo experience; benefiting over 35,000 students – and yourself too.

Learn more





Are you 'in-the-know' about what's happening across campus, places to be, where's great to go? Any top tips to share? Do you enjoy telling your story across social media?

We have the perfect role for you. Be a voice for all students. Become a Yugonaut.

We want you to create videos, share stories and snap the adventures taking place around you; sharing your student experience across your favourite social platforms. Tell the world how you're living your best life. Simple. Being an official Yugonaut comes with benefits too, 1000 pounds / dollars / euros for starters. There's exclusive rewards and experiences too.

Learn more

## Community vibes.

Eight ways to make life easier. For yourself and for others around you too!



On occasion we may need to access your room to fix things and we hope you'll allow us to do so. We try to keep our visits quick and efficient!

You can fill in a repair form at reception should you need us!



We love it when you decorate your room, it makes it so much more... yu!

You can place items

around your room where you like (being careful in doing so of course) but please be mindful of the walls and ceiling. Do not paint, mark or make holes and remember many adhesives such as blue tack cause chips or stains when removed. We want you leaving here with smiles, not charges!



**Keeping your room** and shared spaces tidy makes life easier for everyone.

From the cleaning staff to your fellow students. It'll make you happier too as a clean space is easier to study in trust us.

Please also keep doors and windows closed when you're not around, and in the common areas leave things as you found them.



A clean feeling is hard to beat. Either for ourselves in the shower, or the dishes in the kitchen!

But please try to avoid clogging up the pipes. Remove hair as it accumulates in the shower, and whilst food waste is never good, it shouldn't go down the sink but in the food bin.

Many of our spaces provide oil recycling facilities, just ask reception to point them out. Cooking oil must never go down the sink.





to break anything.

Please try not

We try to be fair and if something was an accident or simply stopped working through age, just let us know and we'll aim to get it fixed as quickly as possible. Similarly, if you spot something around the residence is broken or not quite right, particularly if it may cause danger to others, do tell us.

At the end of the year, we check rooms against the inventory checklist and we'd hate to charge you. We're here to talk at any time.



You've likely guessed that smoking, the burning of incense and drug use in and around the building is illegal. You'd be correct.

If you wish to smoke cigarettes, just follow the signs to the smoking area.



Like you, we enjoy meeting with friends, family, and others from across the city.

If you would like a visitor to stay overnight, all we ask is that you let reception know - it's important for everyone's safety, particularly if there's a fire.

Please don't leave your guests on their own, ensure they behave (they're your responsibility), and whilst always adorable most pets are not allowed, but please check at reception if animals are allowed in the building.



**Enjoying life with** the wider community.

We try to be respectful of everyone, not just those within our space.

Be mindful of noise after 9pm, particularly on balconies or in courtyards, don't litter (not that you would anyway), and simply, be the friendly and wonderful people we know you to be. As those in the community respect you, please do the same for them.



In our eyes, everyone is equal. Regardless of what year you're in, how old you are, Yugoer or student; everyone should be treated with respect.

Please be mindful of excessive noise around the building as everyone has different study / sleep / university schedules.



Remember reading and signing the post disclaimer when you joined us (If you haven't seen this, please visit reception)? That means we can now happily accept your post and parcels to be delivered at reception.

Please double check when ordering or sharing your address that it is written correctly, and includes your full name and room number otherwise we may have to send it back!



## Is it secret? Is it safe?

It's easy living amongst such excellent and admirable people to think that you live in a perfect world. Here's a few tips to get it as close as we can...

#### Make it unique.

Marking your items with a unique identifier helps them to be returned should theu ever go missing. You can do this with a UV pen. For example, you could write your student registration number plus the initials of your university.

So that authorities know items are yours, you can register your mobile's unique IMEI number (dial \*#06# to get it), serial numbers for your electronic equipment, bike and other valuable items at:

immobilise.com

#### Get covered.

Would you believe, over half the students who have items stolen don't have contents insurance?

#### Isolated? Play it safe.

If you can help it, try not to use your phone in isolated places. Texting or calling can distract you from what's happening around you. You could also put your phone on silent.

#### Making new habits, not just new friends.

It's always good practise to never leave cash or expensive items lying around in shared spaces, or openly flaunting them. We also recommend not leaving them on show in your room, just in case.

#### The world always looks different at night.

You may feel safe, but just to be sure, we'd suggest not going through subways at night, and where possible, walk around (and when going home) in groups. You could always get a taxi back?

#### Ground floor?

Please keep your windows closed when you're not in the room. Nobody likes unwanted company.

## Fire safety.

#### Fire alarm.

Please treat all fire alarms as serious. We test fire alarms at

If an alarm takes place at any other time, or lasts longer than 10 seconds, please evacuate the building, leaving personal belongings behind. and go to:

#### Fire doors.

Any door with a self closing device is a fire door. It's there to protect you. You must keep these doors closed and never disconnect the closer, or wedge it open. If you suspect there is a fire behind the door, do not open it, sound the alarm and evacuate. Lives saved. Our hero.

#### Storing belongings.

Any combustible item, such as cardboard boxes or curtains should we just want to keep be kept at least 30cm from an ignition source such as lights or electric radiators. Please also keep all items at least 50cm from a smoke or heat detector.

#### Fire alarm button.

These are located around the building by entrances and exits. If you spot a fire, lift the lid, press the call button and once the alarm is sounding, evacuate immediately.

#### **Smoke detectors.**

We have a variety of hardwired smoke detectors around the building. Never tamper or cover up detectors, (or any safety item) as its a criminal offense.

#### Fire blanket.

There is a fire blanket in every kitchen, attached to the wall or a side unit. Full instructions can be found on the casing and please read this carefully when you next spot one so you know how to use it. Life skill time.

#### **Emergency**

Should we have a power outage, you may find some communal doors will not open. Not to worry, there should be a green emergency button alongside. Press firmly to break the glass, touch the button and the door should release.

#### Fire extinguishers.

There are fire extinguishers around the building. They re red cylinders. Do not attempt to put out a fire confident you are safe. The extinguisher should be used in the event a fire blocks your way, to create a path so you can escape the building.

#### Fire exit signage.

Thankfully theres a variety of fire exit signs to show you to the nearest evacuation point. If the fire alarms sound, then follow unless you are absolutely these out of the building.

#### Give me light?

Sadly, candles (and incense) are strictly forbidden, even if theres a power cut.

#### Clear?

Remember to never obstruct a fire escape. fire exit, or any fire related equipment. Just as important, don t obstruct ventilation grilles on electrical items; everything cool.

#### Those electrical items of yours...

If you have any personal Just need to go and... electrical equipment, please take a moment to check its free from any defect, supplied with a declaration of conformity, and has a CE mark. We love ingenuity, but perhaps not here; always use the item for its intended purpose. We cannot allow portable or temporary cooking equipment such as open top chip pans.

All heat sources should never be left alone: you never know what you Il come back to! That includes cooking equipment, curling tongs, irons, hair straighteners. Just chill out and wait for them to go cold.

Oh, and never place cleaning cloths or mop heads in the laundry dryers.



## For our planet. For our students. For all.

We're committed to caring for our shared environment, constantly seeking innovative solutions and systems to reduce our impact on the planet and build a better future that you can enjoy. We'd love to partner with you on this challenge. Here's a few thoughts for how you can help and please feel free to share your own suggestions. Go Yu!



#### Full power!

Let's try to switch off lights when nobody is around; same with appliances – and that includes not leaving items on standby (which uses a surprisingly large amount of energy) but turning them off at the switch.

Would you believe a kettle is one of the most power-hungry devices? Just boil what you need. You could also cook together with your friends. Super tasty. Super friendly. Super energy efficient.

#### The local champion.

Why not look out for volunteering opportunities, both in the local community or space. This will look great on your CV and as a bonus; help the community you live in.

#### YuPower.

We've got bike storage, just ask at reception. Save the planet by keeping fit – wow!

Or if travelling further afield, why not explore using public transport. Fewer cars on the road ensures better air quality keeping you healthier for longer. Bonus.

#### Repair rather than replace.

If something goes wrong or no longer works, please report it to reception. Working together, we can get it repaired (rather than replaced). Some things really can get better with age.

When all else fails and disposal is the only option, be sure you're placing items in the correct bins so we can send it to the right place.

#### Once. Twice. Three times...

Single use plastic. That thing we use once and then throw away. And it's a wider issue than you think – just remember all the grocery bags, drinks bottles, straws, take-away coffee cups, and cutlery you've used... and beyond too. We all know plastic stays in the environment for hundreds of years and when not disposed of properly harms animals and likely makes its way to the sea where it's expected by 2050 there'll be more plastic than fish! Even when in landfill, it'll likely break down and enter water systems - just think what's in your next glass of water!

Here's a few easy tricks:

- Take a canvas bag with you when shopping.
- Use a reusable water bottle or coffee cup.
- Instead of clingfilm or silver foil, use tupperware, beeswax wraps or other items you already have; that plastic tub or the bag from your last loaf of bread etc.

## By 2025, 2/3 of the world's population may be facing water shortages.

Crazy right? To help future proof our wider community, we strive to minimise our water use throughout the space.
You can also help by...

Making a bowl of water for washing up rather than continually running the tap. Or for super saving, you could always take it in turns as a flat. Less time spent washing up, saving lots of water, and more time for you all having fun!

Instead of running a tap until the water gets cold, why not keep a bottle of water in the fridge? Chilled water on demand.
Super refreshing.

Do you use cotton wool, wet wipes, or tissues? Put them in the bin rather than down the toilet. This II mean less chance of a blockage in the system – nobody wants that! Don't leave the taps running when brushing your teeth, shaving or washing. Another easy tip for you, our champion water saver.

Did you know... Shortening your shower by 2 minutes can save 20 litres of water - and the energy used to heat it. Today s challenge – see how clean you can get in 4 minutes and as a bonus, feel good about it too!

#### Tasty, tasty!

Honestly, this will taste great and save you lots of cash too. Try swapping one meat-based meal each week for a plantbased one.

One of the biggest causes of forest loss and environmental damage is the expansion of agricultural land for animal feed production, such as soy. Animal farming also creates significantly more carbon dioxide – nobody wants that!

We're always exploring, so do share your favourite new recipes!

#### Using what we need.

It's a powerful skill; going around without leaving a trace. Together, let's try to limit food waste. It's easy to keep a timer so items are not overcooked, and if made to excess – why not use your leftovers for tomorrow. You could always share your dinner with flatmates... and they with you!

With shopping options so close, you only really need buy what you need, so we can stave off those upcoming expiry dates. Oh. So. Fresh.

It's a consumer world. But buying less stuff saves money and the planet's limited resources. Do you really need it? Honestly?

#### Reuse and recycle.

There's on-site clothing donation points or you could give unwanted items to charity. There's eco-friendly ways to dispose of old electricals and you could resell, swap or donate your old textbooks. You'll soon be a reuse hero!

We have heaps of stuff left over from previous students – we likely have what you need spare so why not ask at reception before buying new.

You're also spoilt for choice on recycling options. Across our space we have recycling points for glass, plastic, paper, food, textiles and batteries.

#### Your voice counts.

If you do need to buy new then we suggest buying from companies that look after the environment and have a sustainable supply chain. By supporting eco-friendly products which are less damaging to the environment, you're encouraging companies to source and produce their products in a sustainable way. Big tick for future you.

# Keeping your cool.

We're proud to say our buildings are built and maintained to the latest building regulations. Yet this means they're super insulated and therefore from time to time the heat levels can rise. You'll love that in the winter, and here's a few tips should you find it too warm in the summer months...

The refreshing feel of cotton. Light coloured bed linens made of cotton (Egyptian or otherwise) are breathable and excellent for promoting ventilation and airflow in your bedroom.

#### The hottest thing?

Good guess, yes, it s the sun, superheating your room during the day. Simply keep the blinds or curtains closed and you Il get back to a more chilled space.

#### **Getting steamy?**

An evening shower creates heat and steam. The lower the temperature, the less steam in your room and even better, the lower your body temperature will be when you re finished. When using the bathroom, you should also keep the door shut and allow the bathroom fan to extract all that heat! Off yu go steam!

#### Power on. Power off.

All those exciting electrical gadgets generate heat until the moment they re unplugged. So switch them off, disconnect them from the sockets, and you Il soon notice the difference. It Il also save energy too – we re onto a winner here!

To be a true eco-star, when you re away from your room turn your heater / air conditioning off.

#### Who said fresh air was bad?

It's simple; temperatures drop during the night. Make the most of this by opening the window before you go to bed and feel that breeze flow!

#### ⊔ot or cold?

- Tankfully heat travels.
- b 'sometimes it goes where don't want it to – so keep doors and windows closed when the heating's on to retain the heat – or the cool.

Too warm? Just ask at reception to turn down the heating – or to switch it off completely! Easy.

Too cold? Before you turn the heater on, try on and show off your favourite hoodie. Looking good!

## Nobody likes a drip.

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Condensation is our enemy; and we never wish it to be yours too. Left unchecked it can cause mould which could be hazardous to your health. All our usual daily activities generate moisture and it does build up. Yet together we can keep it under control. Phew!

#### Your biggest fan?

The bathroom has a fan that runs for 20 minutes after use. This draws moist air out of the room to the outside world, so all we ask is that you keep the door closed during and after your shower to enable the fan to work its magic.

#### Windows aren t just for looking through.

At the top of the frame is a slotted vent. A trickle vent. This allows fresh air to flow through the room so please leave this open, even in winter (trust us, heat-wise you won t notice the difference).

#### Cooking up a storm!

We d love to hear about your favourite recipes, but for now let's talk steam. Using lids on saucepans not only reduces the energy needed, but also limits the amount of steam. You could also keep the door closed and, best of all, use the extractor fan or open the window. You can then focus on what matters most, great taste!

#### **Drying off.**

We ask that you don't dry your laundry in your bedroom, or on the radiator (it can burn your clothes and the wall), and if there really is no other option to drying in your room, keep the window open. Surely you need all that space for dancing anyway?!

#### Staying the same never gets boring.

Keeping a constant temperature in your room reduces condensation. Please do not use secondary heaters as it Il give more variation in temperature. Our friendly Yugoers on reception are happy to make any adjustments you need to the heating, making your life that little easier. If condensation does appear, please wipe it away before it builds up.



And that's it.
Welcome to Yugo.

If you have any questions, simply visit reception or get in touch.